

# AÇAI BOWLS

a little less conversation

treat yo-self

the sweetest of dreamz



## ELVIS CRUNCH-LY 11

peanut butter, banana, granola, toasted peanuts, honey

a little more crunchy, please



## BK BERRY BLAST 11

strawberries, blueberries, granola, mixed berry puree

blasted with berries



## STRAWBERRY DREAMZ 11

strawberries, bananas, granola, nutella drizzle



## TROPIC BLUNDER 11

mango, pineapple, coconut, passion fruit puree, granola

bowl of tropical paradise

## AÇAI BOWL ADD-ONS

### STANDARD +.50

granola  
peanuts  
coconut flakes  
chia seeds  
pumpkin seeds  
sesame seeds

### PREMIUM +1

nutella drizzle  
passion fruit puree  
seasonal puree  
mixed berry puree  
raw honey  
strawberry  
blueberry  
banana  
cocolate shavings  
almond butter

# SMOOTHIES

drinkable food



embrace nature

## GREEN 9

pineapple, apple, kale, cucumber, ginger, apple cider

favorite childhood sandwich



## PEANUT BUTTER BANANA 9

banana, peanut butter, almond milk, honey

liquid açai bowl



## TROPICAL 9

pineapple, banana, mango, coconut water, lime juice

a tropical island in your mouth



## AÇAI 10

açai, bananas, coconut water



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## BOWL OR WRAP

you decide



### MAUI STYLE POKE 15

Wakame seaweed salad, scallion, sweet onion, mango, tobiko caviar, honey tamari sauce, spicy mayo, sushi rice

choice of raw tuna or raw salmon

spicy, spicy mayo



eat the sun

### RISING SUN POKE 15

hijiki seaweed, nori, pickled onion, cucumber, pickled ginger, scallion, dashi sauce, yuzu sauce, sushi rice

choice of raw tuna or raw salmon



### AVOCADO BURRITO 11

tomatoes, black beans, pickled onions, cilantro, shredded cheese blend, avocado, sour cream, roasted tomato salsa, pickled jalapeños, sushi rice

add smoked tofu 2  
oven roasted chicken 3

burrito day = best day



### MISO MADDNESS POKE 15

hijiki seaweed, purple cabbage, cucumber, scallions, pickled carrots, sweet onion, miso dressing, wasabi mayo

choice of raw tuna or raw salmon

miso with a side of madness



### VEGAN KALE CAESAR 9

Vegan Caesar dressing, cherry tomatoes, toasted breadcrumbs, vegan mozzarella

add smoked tofu 2  
oven roasted chicken 3

kale me some caesar



### KALE CAESAR 9

kale, Caesar dressing, parmesan cheese, cherry tomatoes, toasted breadcrumbs

add smoked tofu 2  
oven roasted chicken 3



### THAI SALAD 9

Pickled papaya and carrots, mint, cilantro, cucumber, mango, fresh lime, purple cabbage, tomatoes, spicy peanut sauce, toasted peanuts, mixed greens

add smoked tofu 2  
oven roasted chicken 3  
raw salmon 6  
raw tuna 6

think of that peanut sauce



### BUFFALO CHICKEN SALAD 12

pickled carrots and celery, tomatoes, cucumber, purple cabbage, blue cheese, buffalo and blue cheese dressings, oven roasted chicken, mixed greens

chicken, yas

mediterraneious



### MEDITERRANEAN MEZZE 9

chickpeas, olives, cucumber, tomatoes, pickled onion, fresh herbs, tahini dressing, feta cheese, mixed greens

add smoked tofu 2  
oven roasted chicken 3  
falafel waffle 3

## CHOOSE BOWL OR WRAP 9

you still decide



## MAKE YOUR OWN CREATION

unleash the beast

### CHOOSE 1 OR 2 BASES

kale  
mixed greens  
sushi rice  
brown rice  
quinoa +1

sauce up your life

### CHOOSE UP TO 2 SAUCES

Caesar dressing  
vegan Caesar dressing  
honey tamari sauce  
miso dressing  
wasabi mayo  
spicy mayo  
yuzu sauce  
dashi sauce  
roasted tomato salsa  
sour cream  
buffalo sauce  
blue cheese dressing  
spicy peanut sauce  
tahini dressing  
lemon vinaigrette  
olive oil  
balsamic vinegar  
fresh lime



pickles needs covered

### CHOOSE 4 VEGGIES

cherry tomatoes  
sweet onion  
pickled onion  
cucumber  
mango  
black beans  
olives  
hijiki seaweed  
purple cabbage  
pickled carrots  
pickled celery  
pickled papaya  
pickled ginger  
beets  
corn  
chickpeas

add toppings +.50 each

fancy cheese



### ADD PROTEIN

smoked tofu 2  
oven roasted chicken 3  
falafel waffle 3  
raw salmon 6  
raw tuna 6

the world is your protein

### CHOOSE 2 TOPPINGS

crispy onions  
crispy garlic  
sesame seeds  
pumpkin seeds  
toasted peanuts  
crispy breadcrumbs  
nori  
cilantro  
parsley  
mint  
scallions

add toppings +.50 each

### PREMIUM TOPPINGS

+1  
feta cheese  
blue cheese  
parmesan cheese  
vegan mozzarella  
shredded cheese blend  
+2  
avocado  
tobiko caviar  
wakame seaweed

### DOUBLE THAT PROTEIN

smoked tofu 4  
oven roasted chicken 6  
raw salmon 10  
raw tuna 10

crispy crispy, crunchy crunchy

## AVOCADO TOAST

be the millennial you always dreamed

originally delicious



### THE ORIGINA-CADO 10

seeded whole wheat, radish, pickled onion, tomato, cilantro

falafel waffle your 'codo



### FALAFEL WAFFLE-CADO 10

pickled jalapeno, tahini, pickled onion, cilantro



fishy toast

### POKE-CADO TOAST 15

seeded whole wheat, maui style, choice of tuna or salmon